



*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4, Early Morning Activities*

*8:00 AM – 9:00 AM*

**BCT Meeting**

*(M6 – BCT Meeting)*

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Heidi Landis, MFA, RDT/BCT, LCAT, PAT, CGP  
Education Chair

*Sunday, November 4, All-Day Workshop*

*9:00 AM – 4:30 PM (6 hours)*

**Playing to the Audience: Trauma Dynamics and the Complexity of Color**

*(E1 – Playing to the Audience)*

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Craig Haen, MA, RDT, CGP, LCAT  
Elva Anderson, MPS, ATR, CNC, LPC  
Kelvin Ramirez, MS, ATR-BC, LCAT

Through an intermodal arts-based process, facilitated by one drama therapist and two art therapists representing different racial and ethnic vantage points, attendees will examine the subtle, dissociated, and complex ways that difference and sameness can emerge, collide, and create impasse within trauma treatment in the form of racial enactments.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

*Sunday, November 4, Morning Long Workshops*

*9:00 AM – 12:00 PM*

### **Sensory Modulation Practices for the Creative Arts Therapist Working with Trauma**

*(E2 – Sensory Modulation and Trauma)*

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Carlos Rodriguez-Perez, MA, RDT/BCT, LCAT

Kelley Linhardt, MA, LCAT, ATR-BC

Suzanne White, MA, OTR/L

Jenna Wood, MA, MT-BC, LCAT

Jeremy Segall, MA, RDT, LCAT

Sensory Modulation is a practice developed by OT that works to assess and ameliorate sensory deficits or excesses to increase well-being. Incorporating Sensory Modulation techniques into CAT practice can develop and improve our clients' ability to remain emotionally-present and self-soothe during moments of dysregulation, helping us to better treat trauma.

### **Sociodrama: When the Work Place is the Trauma Site**

*(E3 – Sociodrama Intensive)*

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Nancy Sondag, MA, RDT/BCT, LCAT, CDP

Michael Cannistraci, MSW, LCSW

Anyone working in healthcare may have experienced the fear, depression, or hypervigilance that results from cut-backs, lay-offs, bankruptcy, closings, or administrative changes. How does one remain a healer or a leader? Participants will learn sociodrama techniques for developing distance, resiliency and spontaneity to transition and thrive through troubling times.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### **Mindful Boundaries: A Therapist's Field Guide to Managing Vicarious Trauma**

*(E4 – Mindful Boundaries & Trauma)*

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Gary Raucher, MA, RDT/BCT, LMFT

Working with traumatized clients can lead to burn out and vicarious trauma. How do therapists balance emotional availability to clients with safeguarding their wellness? Drawing on Mindfulness practice, Core Energetics, and awareness of interpersonal energy fields, this didactic and experiential session offers practical perspectives and techniques to address this dilemma.

### **CANCELLED -- The Resilient Witness: Therapist Self-Care When Working with the Dark**

*(E5 – The Resilient Witness)*

### **Shamanic Drama/Ritual for Healing Trauma**

*(E6 – Shamanic Drama/Ritual for Healing)*

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F. Antonio Ramirez-Hernandez, PsyD

Jami Osborne, RDT, LMHC, CAGS

Connie Smilowitz, R-DMT

Trauma splits the self's cohesiveness producing loss of coordination between internal systems of regulation. Western psychotherapy addresses the affective, somatic, and the intellectual, while shamanic practices include the soul level. This workshop will share the theory and practice of shamanic dramatic ritual for healing at the soul level.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### **Being On, Being Off, and Being Near the Presence/Absence and Instability in Trauma**

*(E7 – Being On, Off, or Near Trauma)*

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W. Randy McCommons, RDT/BCT, MFT

Beth VanBuecken, MA

In this workshop two therapists will describe their work using Developmental Transformations when working with trauma. We will at times be 'on' or 'in' the trauma and faithfully render the client. Sometimes we are intentionally 'off' in a playful or provocative stance and other times we are 'near' and subtly destabilizing. There will be an experiential component.

### **Playspace in the Institution: Children in Acute Inpatient Psych Wards**

*(E9 – Playspace in the Institution)*

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Mimi Savage, MA, RDT

Implementing the Playspace for children in an acute psychiatric inpatient setting, introducing drama therapy and the holding environment for the first time. Narradrama and cognitive approaches to behavior, using mats and other tools, address the many variables with children who are hospitalized. traumatized. DSM-4 diagnosed and medicated.



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*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4, Early Morning Short Workshop*

*9:00 AM – 10:30 AM*

**Updates from the Playspace Lab**

*(E8a – Updates from the Playspace Lab)*

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Renée Pitre, MA, RDT

The Playspace Lab continues to meet and examine video footage of DvT sessions from clinical and theoretical standpoints. Exploring the relational nuances in the encounter between client and therapist as well as the implications of traumatic material within the play, we will present supporting video footage and theory to generate discussion.

*Sunday, November 4, Late Morning Short Workshop*

*10:45 AM – 12:15 PM*

**From Trauma to Triumph: Playwriting and Performance with At-Risk Youth**

*(E8b – Active Playwriting with Youth)*

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Jessica Litwak, MFA, RDT

Learn fast, fun techniques for playwriting with youth. Jessica Litwak, drama therapist, award winning playwright, voice teacher, and head of New Generation Theatre Ensemble, presents her groundbreaking method, an 8-step easy to use creative process, of using writing and performance with teens and young adults who have experienced trauma.



*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4*

*12:15 PM – 1:15 PM*

**Student Forum II**

*(M7 – Student Forum 2)*

Facilitated by Mikel Moss  
Student Committee Co-Chair

This student forum is designed to give students the opportunity to “talk shop”. We will discuss the findings of the recent student climate survey as well as have a chance to share information about your school outside of the survey: the pros, cons and all that jazz!

*Sunday, November 4, Afternoon Long Workshops*

*1:30 PM – 4:30 PM*

**The Global Therapeutic Spiral Model to Treat PTSD with Action Methods**

*(F1 – TSM in the Global Community)*

Kate Hudgins, PhD, TEP

This workshop presents two decades of work with the Therapeutic Spiral Model in mental health and community organizations in a didactic presentation, followed by experiential participation in a TSM drama and processing.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### Broken Hearts Will Rise Again: Journeys of Healing and Transformation

*(F2 – Broken Hearts Will Rise Again)*

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Gabriela Kohen, MFA

Emily Nash, LCAT

This workshop will invite participants into the experience of drama therapy with severely traumatized immigrant survivors of domestic violence. Leaders will share their interdisciplinary approach towards creating 'villages' of hope, healing, and spiritual restoration. Stories, poems, and songs created by women from W. Africa, Latin America, Pakistan and India will be shared and worked with.

### The Weight of Words: Transforming the Trauma of the Bullied Generation

*(F3 – The Weight of Words)*

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Norman Fedder, PhD, RDT/BCT

David Spangler, PhD

A workshop presenting and exploring *THE WEIGHT OF WORDS*, a musical theatre production dramatizing the traumas of bullying – created and performed by teenagers to thousands of middle and high school students, opening a floodgate of feelings and experiences, helping heal a traumatized community through transforming personal oppression into transdisciplinary art.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### Who Says the Voices AREN'T Real?

*(F4 – Voices are Real)*

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Tami Gatta, MA, RDT, LCAT (Permit)

Daniel Hazen

How do assumptions about voice hearers translate into care that re-traumatizes? What if clinicians stopped pathologizing 'hallucinations', and instead helped folks work with their experiences? In this experiential workshop, Daniel Hazen and Tami Gatta present a revolutionary approach that assumes voices are real and emphasizes creative supports over forced treatment.

### *Sunday, November 4, Early Afternoon Short Workshops*

*1:30 PM – 3:00 PM*

### Step by Step: Dancing with Trauma

*(F5a – Dancing with Trauma)*

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Hee-Sun Cheon, PhD, RDT, LMFT

Therapists often feel lost in the overwhelming presence of trauma. This workshop provides a map that traces the impact of trauma by presenting the core patterns of our internal and relational structures as identified by experiential family therapy, and explores ways of applying drama therapy to this map.





## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### Integrating Ethnodrama and Drama Therapy: Trauma and Other Issues Therapeutically Performed

*(F6a – Ethnodrama and Drama Therapy)*

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Stephen Snow, PhD, RDT/BCT  
Jason Butler, MA, RDT/BCT  
Maud Gendron-Langevin, MA  
Patrick Tomczyk, BEd, BFA, MA candidate  
Eric Mongerson, MFA  
Miranda D'Amico, PhD  
Simon Driver, BFA, MA candidate  
Meaghan George, BFA, MA candidate

Dr. Snow and his team at Concordia University have been experimenting, since 2005, with how to enhance the therapeutic effects of Ethnodrama by integrating this method with Drama Therapy. The presentation will include the review of four separate research projects by four faculty members and four Drama Therapy graduate students.

### Playing with Race in Drama Therapy: A Discussion with David and Derek

*(F7a – Playing with Race)*

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David Read Johnson, PhD, RDT/BCT  
Daniel Haywood, MA, RDT

In the video “*Three Approaches to Drama Therapy*” David and “Derek” played directly with the subject of race, causing some controversy. In this workshop, we will dialogue about our experience playing together, others’ responses to the session, and our thoughts about playing with uncomfortable issues in drama therapy.



*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4, Late Afternoon Short Workshops*

*3:15 PM – 4:45 PM*

**CANCELLED -- Past the Brushfire: The Articulation of Trauma Through Writing and  
Drama Therapy**

*(F5b – Past the Brushfire)*

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**To Be In or Not To Be... Ambiguous Stages of Being Born**

*(F6b – To Be In or Not To Be...)*

Stephanie Omens, MA, RDT, LCAT, CCLS

This presentation will explore drama therapy in the Neonatal Intensive Care Unit and the concept of “Ambiguous Losses” (Pauline Boss). The telling of birth stories and the struggles to hold babies when the pregnancy is no longer held – how to cope with being too soon born neither out, nor in?



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### Drama Therapy for the Prevention of PTSD

*(F7b – PTSD Prevention)*

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Marissa Manzanares, MA, LCAT (Permit)

This workshop explores drama therapy as prescription for the prevention of PTSD. Through the presentation of a master's thesis, we explore: Does creativity build more resilient minds? Can engaging in the creative act teach resilience? If resilience can be learned, can it defend against the effects of the traumatic experience?

### But I Came to Heal: When Institutions Wound Therapists

*(F8b – But I Came to Heal)*

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Andrew Gaines, RDT/BCT, LCAT

Lucy McLellan, MA, RDT/BCT, LCAT

This workshop offers a forum in which to safely explore, express and work through traumas that have occurred in and around the workplace. Drama therapy techniques will be applied to a trauma-informed model of supervision as we honor professional struggles and identify tools for self-care through play, discussion, and psychoeducation.



## Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

### Celebrate the Practice of Drama Therapy: NADTA Practice Analysis Results

*(F9b – The Practice of Drama Therapy)*

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Paige Dickinson, PhD, RDT/BCT  
Sally Bailey, MFA, MSW, RDT/BCT  
Jami Osborne, RDT, LMHC, CAGS  
Jason Butler, MA, RDT/BCT  
Bret Martin

During this workshop, members of the exam development committee will explain the steps of developing, administering and analyzing the NADTA's Practice Analysis. Participants will gain an understanding of the results of the practice analysis and how these results will inform the development of a knowledge-based exam for drama therapists.

### **CANCELLED** -- Therapeutic Verbatim Theater – Creating a Therapeutic Performance in 4-8 Hours

*(F10b – Therapeutic Verbatim Theater)*

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*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4*

*5:00 PM – 6:30 PM*

**Body of Knowledge: Trauma in Institutions and Society**

*(BK3 – Trauma in Institutions/Society)*

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Carlos Rodriguez-Perez, MA, RDT/BCT, LCAT, **Host**  
Diana Feldman, MA, LCAT, RDT, BCT (East Coast, Schools)  
Alice Forrester, PhD (East Coast, Community Agency)  
Jessica Bleuer, M.A., M.Ed., CCC (Canada, Social Activism)  
Armand Volkas, MFA, MA, MFT, RDT/BCT (West Coast, Intercultural Conflict)  
Randy McCommons, RDT/BCT, MFT (West Coast, Hospitals-Psychiatry)

Our third Body of Knowledge panel will explore the pervasive and far-reaching effects trauma has on institutions, communities, and society. By broadening our perspective and locating our work into this context, we re-energize our engagement in the struggle to liberate our shared narratives from traumatic wounds.

*Sunday, November 4*

*6:30 PM – 7:00 PM*

**Closing Ceremony**

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Hosted by NADTA New England Chapter



*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4, Early Film Presentations*

*7:15 PM – 8:45 PM*

**Documentary: Giving High School Students a Voice Through Ethnotheatre and Drama Therapy**

*(FIL1A – Ethnotheatre Documentary Film)*

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Maud Gendron-Langevin, MA

Documentary film presentation and discussion: A drama therapist and seven teenagers with social adjustment and behavioral difficulties created an ethnodrama during 8 months. Letting the masks fall, the students revealed their thoughts, feelings and experiences about their everyday fight to preserve their self-esteem, persevere, and survive in the school system.

**Film: “Expressing Disorder”**

*(FIL1B – Film: “Expressing Disorder”)*

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David Alvarado

Kate Hurd, MA, RDT/BCT, LCAT

Carol Dietrich, MFT, RDT,RN

*Expressing Disorder* is a documentary film that features the use of two CAT modalities, drama and dance, as a way into the world of women with eating disorders. By learning to express themselves through these embodied therapies, the women discover a valuable aid on the road to recovery.



*Witnesses to the Dark: the Absence, Emergence and Performance of Trauma*

*Sunday, November 4, Late Film Presentations*

*9:00 PM – 10:30 PM*

**A Documentary Film Through the Dark: The Reclaiming of Pammy Sue**

*(FIL2A – The Reclaiming of Pammy Sue)*

Wendyne Limber, MA, RDT/BCT, LMFT

In this sexually explicit documentary film, Pammy Sue travels back to her hometown to the places where she was sexually terrorized and abused by multiple persons. With drama therapy, courage and love, she transformed her trauma moving from depression, darkness, isolation, and fear to expression, connection, freedom, and hope.

**From Trauma to Transformation: Original Theatre with Men in Prison**

*(FIL2B – Trauma to Transformation)*

Suraya Keating, MFT, RDT  
David White

*“From Trauma to Transformation”* explores the healing power of original theatre with men in prison. This video presentation allows participants to witness and reflect on the challenges and successes of a year-long original theatre project with male inmates at San Quentin State Prison in California.



Witnesses to the Dark: the Absence, Emergence and Performance of Trauma

Workshops for Professionals  
Combining Somatic Therapy and Drama Therapy

## Healing Shame

Sheila Rubin, LMFT, RDT/BCT & Bret Lyon, PhD

### Healing Shame Workshop

Saturday, January 26 -  
Sunday, January 27, 2013  
Berkeley, CA  
12 CEUs available

### Healing In the Imaginal Realm

Saturday, November 10 -  
Sunday, November 11, 2013  
Berkeley, CA  
12 CEUs available

[www.HealingShame.com](http://www.HealingShame.com)  
415-820-3974



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