

# Pre-Conference Thursday, Sept. 26th



*ALL DAY WORKSHOPS,*  
9:00 am – 4:00 pm (9:00 – 16:00)

## **PC1: Rethinking Childhood and Drama Therapy** Phil Jones, PhD

This study day is for therapists whose work involves exploring clients' childhoods as well as those working directly with children.

It will explore recent ideas emerging from the 'new sociology of childhood' and the child rights movement about child-adult power dynamics, childhood as a site of oppression and ideas of a cycle whereby adults use concepts such as acting in the 'best interests' of a child to encourage children to experience themselves as incompetent and incapable.

Dr. Phil Jones' recent publications *Rethinking Childhood* (2009 Continuum), *Rethinking Children's Rights* (2010 with Welch, Continuum) and *Pictures of Children* (2007 Pearson) have explored new frameworks for engaging with childhood. These include ideas and practices that see children as active agents in their lives, as holders of rights and responsibilities and which address children in the here and now, rather than as future investments. This study day offers an opportunity to explore these areas of his work in relation to drama therapy.

The day will involve a presentation, discourse analysis of film and texts, drama activities and other group work. It will include time for peer support in building bridges between this exciting new area of thought and enquiry and individuals' therapeutic practice.

## **PC2: The Group as the Consultant: Sociodrama Intensive**

Nancy Sondag, MA, RDT/BCT, LCAT, CDP

In a safe, non-judgmental space, a group can use the structured dramatic process of Sociodrama to examine a common issue and explore resolutions. In this one-day intensive, participants participate in the group process and learn to facilitate techniques which can be used for healing, problem-solving, training or building community.

## **PC3: Who Holds the Stories? Odysseus and Penelope as Imagined by the Drama Therapist as Researcher**

Maria Hodermarska, MA, RDT, LCAT, CASAC, ICADAC  
Robert Landy, PhD, RDT/BCT, LCAT

"If the therapist's journey is not the hero's journey, then what is the narrative of the therapist?" This day-long workshop will use arts-based research processes to examine the drama therapeutic dialogue between client and therapist, Odysseus and Penelope.

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### **PC4: Principles of Drama Therapy**

Nadya Trytan, MA, RDT/BCT

President-Elect

Laura Wood, MA, RDT, PLPC, CCLS

Central Region Representative

Drama Therapy is comprised of interactive, improvisational, and embodied approaches that support individual and social change in clinical, educational, and community settings. This experiential workshop will introduce participants to the principles that guide the practice of Drama Therapy in North America as well as gain experience with three major approaches. Please wear comfortable clothing.



*MORNING WORKSHOP, 9:00 am – 12:00 pm*

### **PC5: The Drama Therapist as Artist, Researcher, Therapist – Performing Autoethnographies: A Workshop**

Bonnie Harnden, MA, RDT

Shea Wood, MA

This workshop will explore the arts-based research method-performance autoethnography. This arts-based method combines theory and the lived experience so that something deeper emerges and is illuminated. Participants will learn the method and create an autoethnography. As artists, researchers and therapists, drama therapists are particularly suited for this method.



*LUNCH ON YOUR OWN, 12:00 noon – 1:30 pm (12:00 – 13:30)*



*AFTERNOON WORKSHOP, 1:30 pm – 4:30 pm (13:30 – 16:30)*

### **PC6: Creating Ethnodramas: Process and Product**

Sally Bailey, MFA, MSW, RDT/BCT

Barrett Scroggs

Sarah Tomek, MA

Laura Williamson

A panel of students who have written non-fiction or documentary plays (also called ethnodramas) will share how they researched and wrote their plays and will read short excerpts. Ethical issues involved in this process will be discussed. Time will be left for questions at the end of the session.



*DINNER ON YOUR OWN, 4:30 pm – 7:00 pm (16:30 – 19:00)*

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*NEWCOMER DINNER, 5:00 pm – 7:00 pm (17:00 – 19:00)*

This event is for people who are attending their first NADTA conference or are new to the drama therapy community. It is an opportunity to get to know others and talk about common experiences. A variety of restaurant options will be available, and participants will be asked to pay for their own dinners. NADTA members will answer questions and welcome you to the community.



*STUDENT FORUM, 7:00 pm – 10:00 pm (19:00 – 22:00)*

**S1: Student Forum**

**Adam David**

**Seth Wright**

**Student Committee Co-Chairs**

Come start the conference off by meeting and engaging with fellow drama therapy students. Compare experiences, share research ideas, make new connections and strengthen your sense of professional collegiality.

**Persons may attend the Newcomer Dinner and Student Forum without registering for the Pre-Conference Day.**



*EVENING PERFORMANCE, 7:00 pm – 10:00 pm (19:00 – 22:00)*

**PER1: Documentary: Giving High School Students a Voice Through Ethnotheatre Therapy \*\*\***

**Maud Gendron-Langevin, MA**

Documentary film presentation and discussion: A drama therapist and seven teenagers with social adjustment difficulties created an ethnotheatre during seven months. Letting the masks fall, the students revealed their thoughts, feelings and experiences about their everyday struggle to preserve their self-esteem, persevere, and move forward in the school system.

\*\*\* Film is shown with English subtitles

**Documentaire : Donner une voix à des élèves du secondaire par le biais de l’Ethno-théâtre Thérapie \*\*\***

**Maud Gendron-Langevin, MA**

Présentation d’un documentaire et discussion: Une dramathérapeute et sept adolescents ayant des difficultés d’adaptation se sont rencontrés pendant sept mois pour créer une pièce d’ethno-théâtre. Laissant les masques tomber, les élèves ont révélé leurs pensées, leurs sentiments et leurs perceptions au sujet leur combat quotidien pour préserver leur estime de soi, persévérer et continuer à aller de l’avant dans le système scolaire.

\*\*\* Le film est présenté avec des sous-titres en anglais

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*EVENING PERFORMANCE,*  
*7:00 pm – 8:30 pm (19:00 –*  
*20:30)*

**PER2: Psychodrama Unmasked: Essential  
Tools and Techniques**

**Tobi Klein, MSW, MFT, TEP**

**Mark Krupa, MA**

This DVD offers an enriching learning experience. Tobi directs 3 Psychodramas while simultaneously teaching viewers the how-tos. Her demonstrations and explanations highlight how compelling, cathartic and effective this approach can be. Tobi and Mark will be available for answering questions following the film.