

### Drama Therapy Internship - Additional Internships Form

Drama therapy internship must be a minimum of 800 hours. These hours include direct client contact hours, supervision hours, and indirect services such as preparing for sessions, writing notes, reviewing professional materials, and required meetings. The internship must take place in an accredited institution or licensed agency. You must have worked with at least two (2) different populations (e.g., emotionally disturbed, physically disabled, adolescent, elderly). Your internship may take place in one or more settings, but two (2)

population exposures are required as a minimum. Internship hours may not precede introductory drama therapy course work for alternative training students as well as students in M.A. approved programs. To receive your RDT, at least 300 hours of the internship must be direct client contact with at least 30 hours of supervision by a registered drama therapist, registered creative arts therapist or Master's level credentialed mental health or Education professional. "Direct client contact" is defined as the following: group therapy,

couples/family therapy, individual therapy, direct assessment, programming, outreach, formal consultation to other professionals or organizations, and milieu therapy. Because drama therapy requires more than adequate knowledge of group psychotherapy, a maximum of half of the hours of the direct client contact time (150 hours) can be counted for individual therapy. Playback Theater can count toward hours if approved by your school or your BCT.

AGENCY/INSTITUTION

ADDRESS

CITY

STATE

ZIP

SUPERVISOR'S NAME

DEGREE/CREDENTIAL

ADDRESS

CITY

STATE

ZIP

PHONE

FAX

EMAIL

#### INTERNSHIP HOURS SUMMARY

DATE BEGAN

DATE ENDED

NATURE OF SERVICE

POPULATION(S)

#### Detail of Direct Client Service Hours

HOURS

1. Group Drama Therapy (Can include participation in, co-leadership, or leadership of drama therapy, creative arts therapy groups, psychodynamic, psycho-educational or community groups using action techniques, or milieu-centered activities like trips, special events, rehearsals, etc.)

2. Couples/Family Drama Therapy

3. Individual Drama Therapy

**TOTAL DIRECT SERVICE HOURS**

**TOTAL INDIRECT SERVICES HOURS**