

The SoCal Chapter of the North American Drama Therapy Association (NADTA)
Invites You to Attend:

Introduction to Drama Therapy Workshop

Saturday, March 16, 2019, 10:00 am - 12:30 pm
@ 1201 S. Victory Blvd., Ste. #104, Burbank, CA 91502
Cost: \$15, or \$10 for students with valid ID (ticket sales final)
Register Today: http://www.nadta.org/events/SoCal_Chapter_March_2019_Workshop.html
Questions or Inquiries: socalchapter@nadta.org

*Share personal stories.
Access playfulness and creativity.
Discover the power of drama therapy!*

Drama Therapy is an active, experiential approach to facilitating change. It is the intentional use of drama and/or theater processes to achieve therapeutic goals. Through storytelling, projective play, purposeful improvisation, and performance, drama therapy invites people to rehearse desired behaviors, practice being in relationship, expand and find flexibility between life roles, and perform the change they wish to be and see in the world.

This introductory experiential workshop will introduce participants to this powerful means for personal and therapeutic exploration and growth. No previous theater experience is necessary. Shy people are welcome!

Facilitated by SoCal NADTA Chapter Members:

Andriette Pieron, MA, is a Registered Associate Marriage and Family Therapist (AMFT #104152). She received her MA in counseling psychology with a concentration in drama therapy from CIIS. She is trained in EMDR treating depression and anxiety and supporting clients through life phases such as: student life, motherhood, career changes, empty nest, menopause, divorce/separation, and retiring and aging. She is supervised by Dr. Melissa Springstead Cahill, Psy.D. (MFT #47113).
andriette@anchorcounselingpasadena.com

Paige Pengra Clarke, LMFT (#42994), Drama Therapist, is a graduate of CIIS and Drama Therapist/LMFT working primarily with adolescents in addiction recovery. She is a Bully Prevention/Inclusion Program consultant for public and private schools and small businesses. Paige also works with theater directors, educators, and actors to identify and foster growth dynamics within the creative process.

SoCal Chapter NADTA

The SoCal Chapter of the North American Drama Therapy Association (NADTA) is a collaboration of professionals and students committed to empowering individuals and our community through the therapeutic use of the creative arts.



We aim to increase awareness of the benefits of drama therapy through education, sharing research, community outreach, and experiential opportunities.

Contact: SoCalChapter@nadta.org
Facebook: [SoCal Chapter of NADTA](https://www.facebook.com/SoCalChapterofNADTA)

Healthy and empowered communities through the creative arts.



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For more information, please visit www.nadta.org.